

saint 2017

12. Symposium für angewandte
interventionstradiologische Techniken

RADIOLOGISCHE INTERVENTIONEN

BECKENVENENTHROMBOSE - ENDOASKULÄRE BEHANDLUNG WANN UND WIE ?

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Klinik für konservative und interventionelle Angiologie



Interessenkonflikte

Forschungsunterstützung: Biotronik, Boston Scientific, Veniti, Veryan, Straub medical

Vortragstätigkeit: CR Bard, Veniti, AB Medica, Volcano, Optimed GmbH, Straub Medical, Terumo, Biotronik, Veryan

Beratertätigkeit: CR Bard, Veniti, AB Medica, Volcano, Optimed GmbH, Straub Medical, Terumo, Biotronik, Veryan

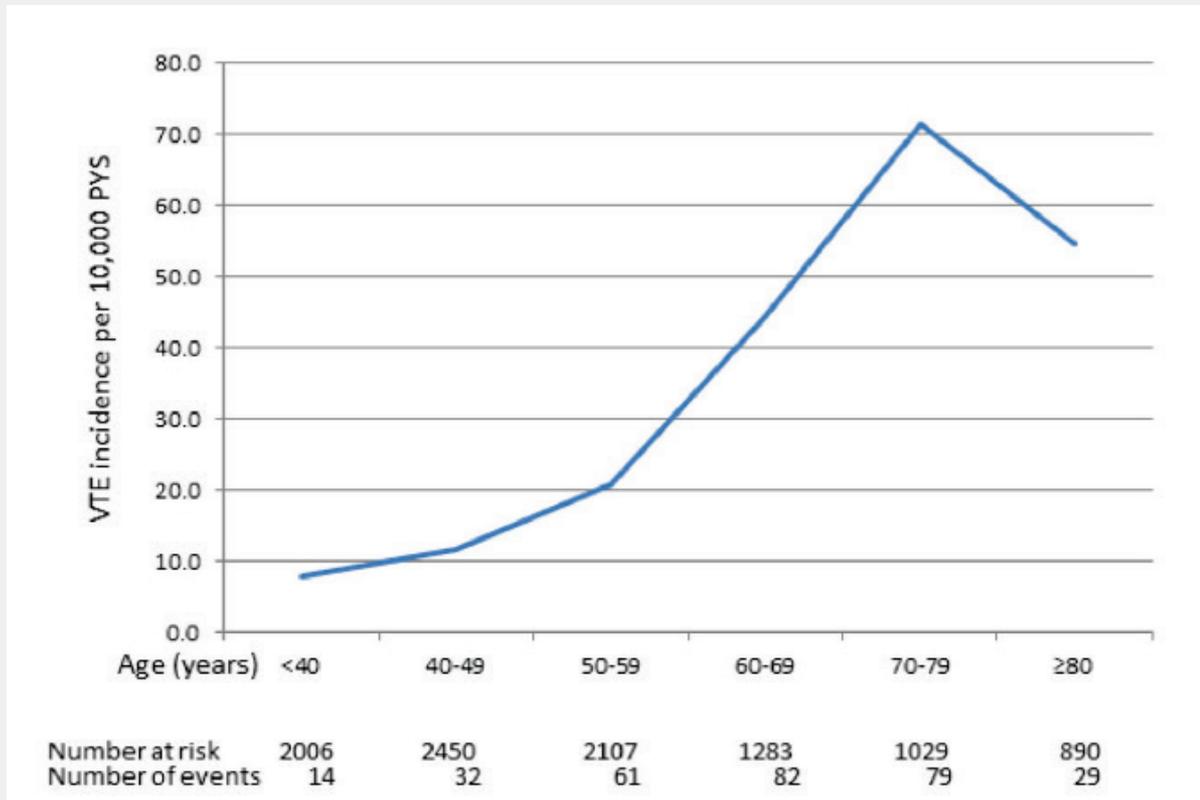
Venous thromboembolism (VTE) in Europe. The number of VTE events and associated morbidity and mortality

Thromb Haemost. 2007 Oct;98(4):756-64

| | Outpatient | During hospital stay | Total |
|--------------------------------------|------------|----------------------|---------|
| VTE | | | |
| Deep vein thrombosis | 200.482 | 265.233 | 465.715 |
| Pulmonary embolism | 86.511 | 209.471 | 295.982 |
| VTE associated death | 108.535 | 261.477 | 370.012 |
| Patient on anticoagulation | 8.124 | 18.349 | 26.473 |
| Patient not on anticoag. | 63.541 | 153.853 | 217.394 |
| Sudden death | 36.870 | 89.275 | 126.145 |
| Chronic complications | | | |
| Postthrombotic Syndrome ^b | 177.236 | 218.437 | 395.673 |
| Pulm. Hypertension | 1.173 | 2.961 | 4.135 |

Ereignisse pro Jahr in 6 europäischen Ländern

VTE Incidence Framingham cohort



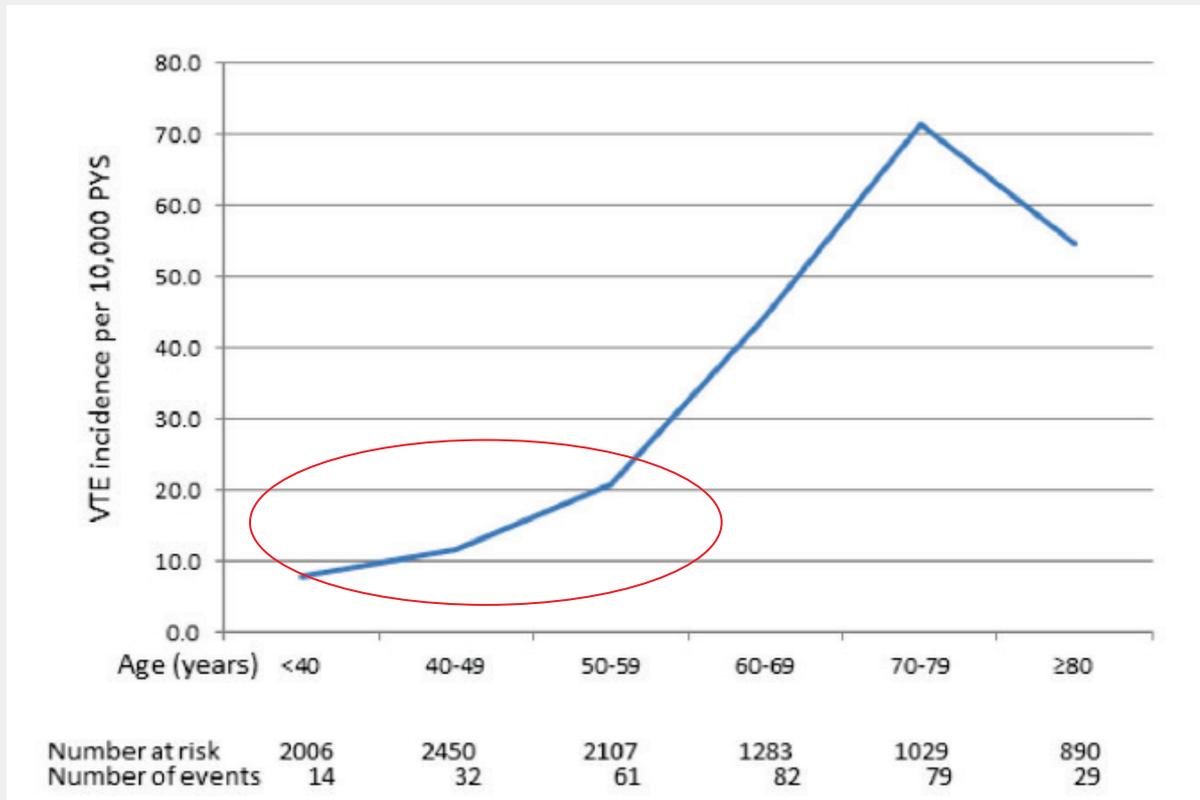
1995-2014:

104,091 person-years

**297 incident VTE
(PE+DVT)**

IR: 20.3/10,000

VTE Incidence Framingham cohort



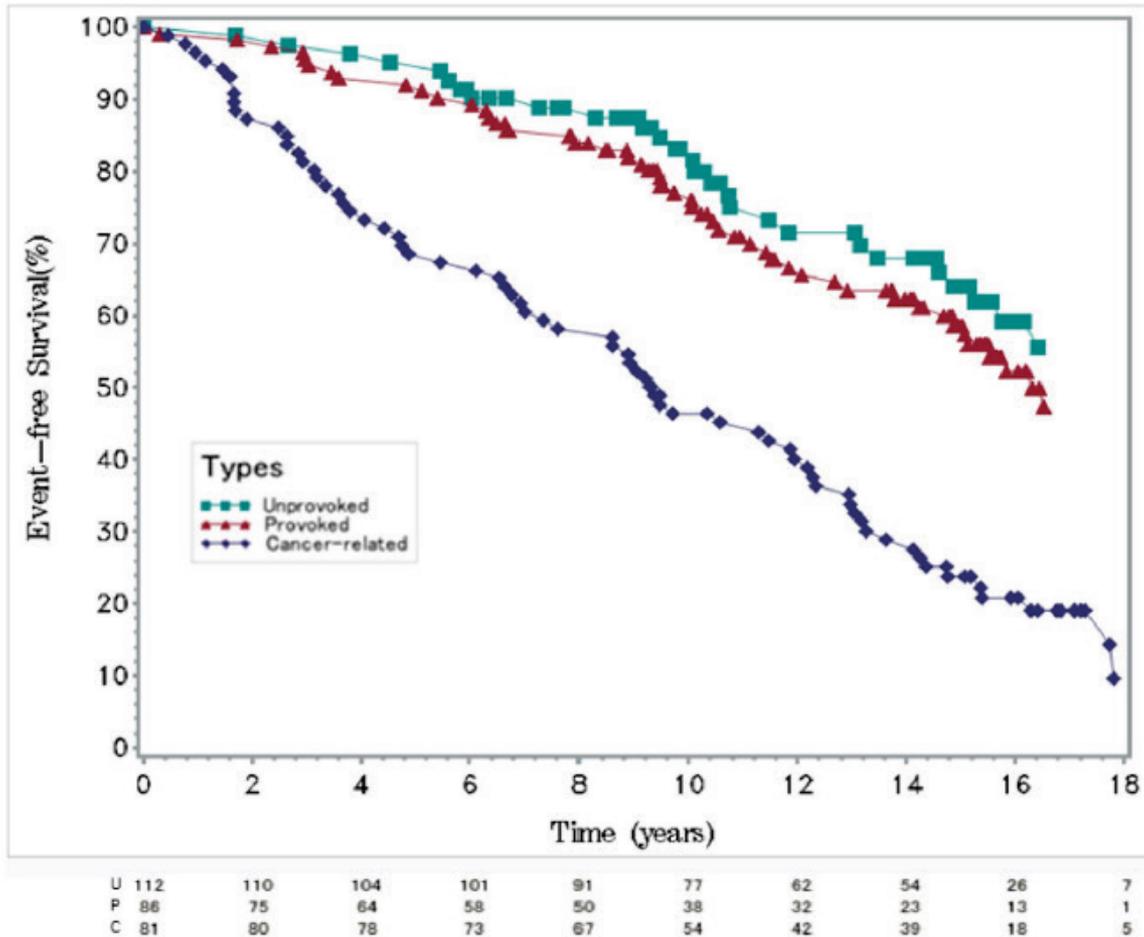
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**297 incident VTE
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IR: 20.3/10,000

Mortality rates



Thromb Res. 2016 September ; 145: 27–33. doi:10.1016/j.thromres.2016.06.033.

Kahn S. et al. Determinants of health-related quality of life during the 2 years following deep vein thrombosis. Journal of Thrombosis and Haemostasis 2009, 6: 1105-1112

| QOL measure | Variable* | Parameter estimate | P-value |
|-------------|---|--------------------|----------|
| SF-36 PCS | Post-thrombotic syndrome | - 7.1 | < 0.0001 |
| | Age (per year) | - 0.14 | 0.0009 |
| | <u>Proximal (vs. distal) DVT</u> | - 2.9 | 0.01 |
| | Inpatient (vs. outpatient) at time of DVT diagnosis | - 2.6 | 0.04 |
| SF-36 MCS | Post-thrombotic syndrome | - 1.8 | 0.11 |
| | Age (per year) | 0.10 | 0.008 |
| VEINES-QOL | Post-thrombotic syndrome | - 4.4 | < 0.0001 |
| VEINES-Sym | Post-thrombotic syndrome | - 5.2 | < 0.0001 |

PTS Raten in Studien

VILLALTA Score > 4

| Study | Mean follow-up | Type study/study arm (RCT) | PTS, % (n) | | | | PTS ulcer, % (n) |
|--------------------------------------|-----------------------|--------------------------------|-------------|------------|------------|-----------|------------------|
| | | | Overall | Mild | Moderate | Severe | |
| Reverse [17] Galanaud (2012) | 6 months | Cohort | 31.6 (116) | 79.3 (92) | 15.5 (18) | 5.2 (6) | 1.7 (2) |
| VETO [28] Kahn (2008) | 2 years | Cohort | ≈50 (NA) | ≈69.8 (NA) | ≈23.3 (NA) | ≈7.0 (NA) | -1.3 (5) |
| Ten Cate-Hoek (2010) [16] | 2 years | Management cohort study | 29.6 (37) | | | 7.5 (3) | -0.8 (1) |
| SOX trial [10] | 2 years | ECS arm (n = 410) | 51.3 (185) | 67.6 (119) | 17.0 (30) | 15.3 (27) | 4.4 (17) |
| Kahn (2014) | | Placebo ECS arm (n = 396) | 51.4 (178) | 66.1 (111) | 22.0 (37) | 11.9 (20) | 4.1 (16) |
| CaVenT trial [11] | 2 years | CDT arm (n = 90) | 41.1 (37) | | | 0 (0) | 0 (0) |
| Enden (2012) | | Standard arm (n = 99) | 55.6 (55) | | | 1 (1) | 0 (0) |
| Octavia trial [29] | 2 years (after DVT) | Continue ECS arm (n = 262) | 13 (34) | 91 (31) | 6 (2) | 3 (1) | 0.4 (1) |
| Mol (2016) | | Stop ECS arm (n = 256) | 19.9 (51) | 84 (43) | 16 (8) | 0 (0) | 0 (0) |
| ELATE [26] Kahn (2005) | 2.2 years | RCT | 37 (n = 55) | | | 11 (4) | -1.4 (n = 2) |
| CANANO [90] | 3 years | Below-knee ECS arm (n = 132) | 35.6 (47) | | | 6.4 (3) | |
| Prandoni (2012) | | Thigh-length ECS arm (n = 135) | 32.6 (44) | | | 6.8 (3) | |
| Prandoni (2004) [53] | 2 years up to 5 years | ECS arm (n = 90) | 25.7 (23) | | | 13.0 (3) | 2.2 (2) |
| | | No ECS arm (n = 90) | 49.1 (44) | | | 22.7 (10) | 6.7 (6) |
| Edith study [91] Delluc (2010) | 51 months | Cohort | 28.4 (27) | | | 0 (0) | 0 (0) |
| van Dongen (2005) [30] | 4.9 years | Cohort | 33 (81) | 90.1 (73) | | 9.8 (8) | 2.0 (5) |
| EINSTEIN trial [20] | 5 years | Rivaroxaban arm (n = 162) | 29 (45) | 89 (40) | | 11 (5) | 2 (1) |
| Cheung (2016) | | Warfarin arm (n = 174) | 40 (66) | 91 (60) | | 9 (6) | 6 (4) |
| CaVenT trial longterm follow-up [19] | 5 years | CDT arm (n = 87) | 42.5 (37) | 83.8 (31) | 5.4 (2) | 10.8 (4) | 2.3 (2) |
| Haig (2016) | | Standard arm (n = 89) | 70.8 (63) | 77.8 (49) | 20.6 (13) | 1.6 (1) | 1.1 (1) |
| Prandoni 1996 [54] | Up to 8 years | Cohort | 29.1 (NA) | | | -32 (NA) | |

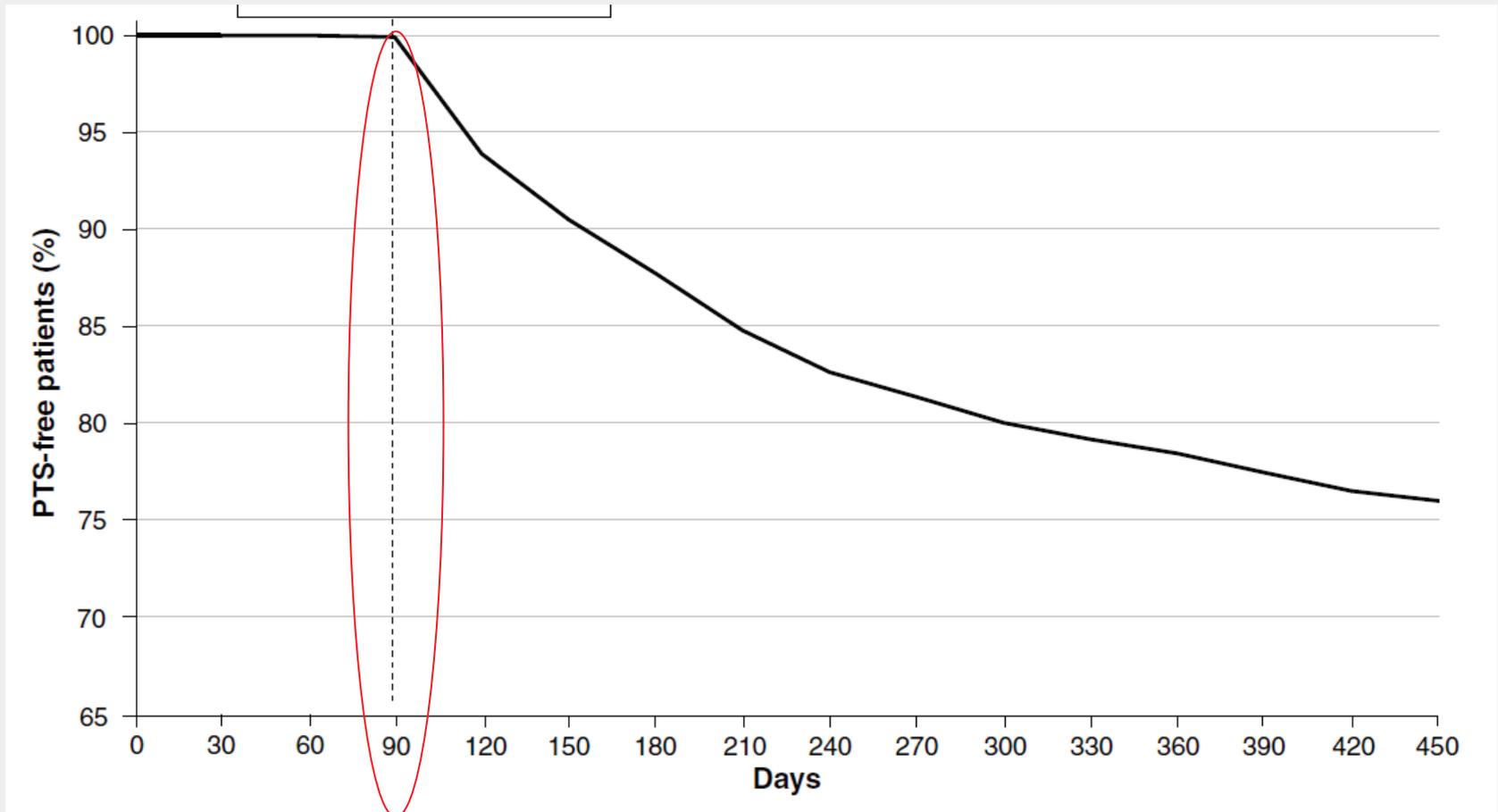
PTS nach Venenthrombose (TULIPA)

Hach-Wunderle et al (2013) J Vasc Surg: Venous and Lymph. Dis. 1: 5-12

| PTS-Schweregrad (Villalta-Score) | PTS - Kohorte | | |
|-------------------------------------|-----------------------|--------------------------------|------------------------------|
| | alle N=135* | proximale TVT N=71 (=52.6%) | distale TVT N=64 (=47.4%) |
| PTS, n, % (95%VI) | | | |
| nein (<5) | 102, 75.5 (68.3-82.8) | 48, 67.6 (56.7-78.5) | 54, 84.4 (75.5-93.3) |
| ja (>5) | 33, 24.5 | 23, 32.4 | 10, 15.6 |
| mild (5-9) | 23, 17.0 (11.1-24.5) | 16, 22.5 (13.5-34.0) | 7, 10.9 (4.5-21.3) |
| moderat (10-14) | 8, 6.0 (2.6-11.3) | 6, 8.5 (3.2-17.5) | 2, 3.1 (0.4-10.8) |
| schwer (≥15) | 2, 1.5 (0.2-5.3) | 1, 1.4 (0.04-7.6) | 1, 1.6 (0.04-8.4) |

Fazit: PTS-Rate 24.5%, dabei signifikant häufiger bei **proximaler (32.4%)** vs. **distaler (15.6%)** TVT (p=0.024)

Wann treten Symptome eines PTS auf ?



Economic burden of deep-vein thrombosis, pulmonary embolism, and post-thrombotic syndrome

Annualized Resource Utilization and Costs for Patients in Post-Thrombotic Syndrome Subanalysis^a

| Group | PTS (n = 624) | | | No PTS (n = 1781) | | |
|------------------------------------|---------------|-------|--------|-------------------|------|--------|
| | Mean | S.D. | Median | Mean | S.D. | Median |
| Resource utilization (number) | | | | | | |
| Pharmacy claims | 49.4 | 54.2 | 33.8 | 40.4 | 43.2 | 27.0 |
| Related outpatient claims | 30.3 | 27.6 | 26.5 | 22.4 | 24.8 | 16.0 |
| Other outpatient claims | 107.4 | 128.7 | 70.4 | 71.7 | 88.7 | 45.9 |
| Hospital admissions | | | | | | |
| Index event | 0.7 | 0.5 | 1.0 | 0.7 | 0.4 | 1.0 |
| Other admissions | 1.2 | 2.0 | 0.0 | 0.7 | 1.4 | 0.0 |
| Length of stay (days) | | | | | | |
| Index event | 7 | 14 | 5 | 7 | 11 | 5 |
| Other admissions | 11 | 27 | 0 | 6 | 16 | 0 |
| Health care costs (U.S. \$ × 1000) | | | | | | |
| Pharmacy costs | 3.7 | 8.4 | 1.5 | 3.3 | 8.2 | 1.0 |
| Related outpatient costs | 1.4 | 2.9 | 0.9 | 0.9 | 2.1 | 0.4 |
| Other outpatient costs | 10.1 | 18.7 | 4.8 | 6.5 | 13.3 | 2.6 |
| Inpatient costs | | | | | | |
| Index event | 16.6 | 40.5 | 5.5 | 14.7 | 37.4 | 6.3 |
| Other admissions | 24.0 | 69.2 | 0.0 | 12.0 | 36.1 | 0.0 |
| Total costs | 55.8 | 101.1 | 20.6 | 37.4 | 66.1 | 15.8 |
| Total costs (adjusted) | 47.6 | | | 35.9 | | |

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| Other outpatient claims | 107.4 | 128.7 | 70.4 | 71.7 | 88.7 | 45.9 |
| Hospital admissions | | | | | | |
| Index event | 0.7 | 0.7 | 0.0 | 0.7 | 0.7 | 1.0 |
| Other admissions | | | | | | 0.0 |
| Length of stay (days) | | | | | | |
| Index event | | | | | | 5 |
| Other admissions | | | | | | 0 |
| Health care costs (U.S. \$ × 1000) | | | | | | |
| Pharmacy costs | 3.7 | 8.4 | 1.5 | 3.3 | 8.2 | 1.0 |
| Related outpatient costs | 1.4 | 2.9 | 0.9 | 0.9 | 2.1 | 0.4 |
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| Index event | 16.6 | 40.5 | 5.5 | 14.7 | 37.4 | 6.3 |
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| Total costs | 55.8 | 101.1 | 20.6 | 37.4 | 66.1 | 15.8 |
| Total costs (adjusted) | 47.6 | | | 35.9 | | |

Annually costs

PTS:

20.569 \$

No PTS:

15.834 \$

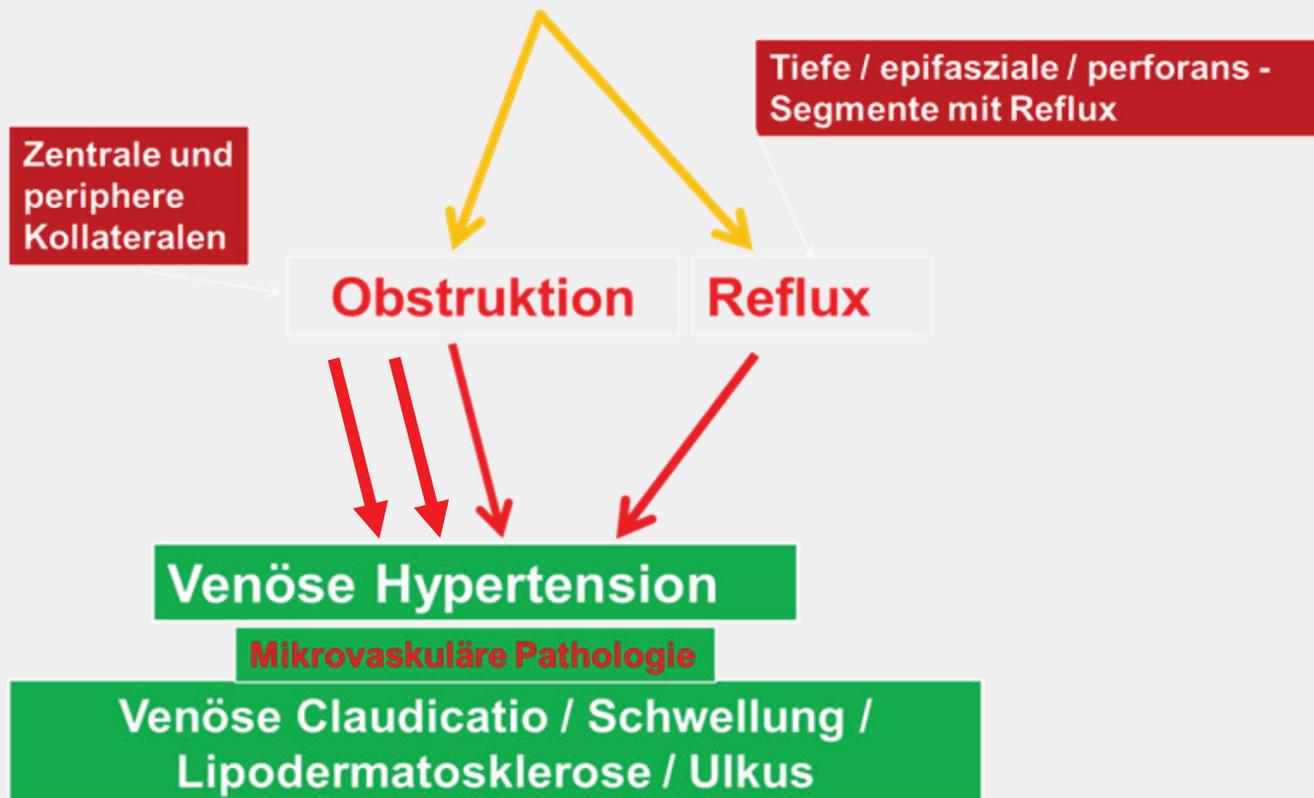
Behandlungsziele TVT

- **Verhinderung einer Lungenembolie**
- **Akute Beschwerdelinderung**
- **Verhinderung eines VTE-Rezidivs**
- **Verhinderung eines postthrombotischen Syndroms**

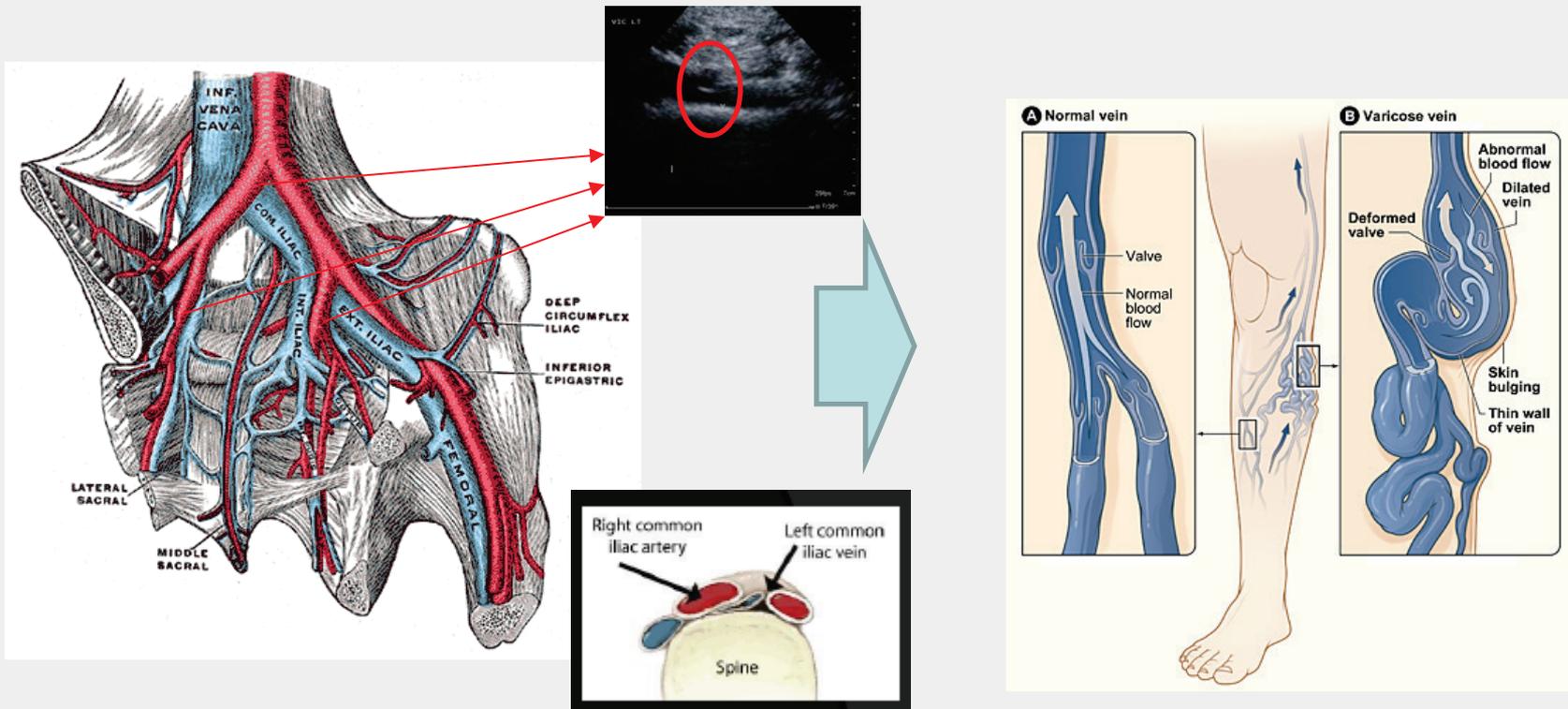


Pathophysiologie des postthrombotischen Syndroms

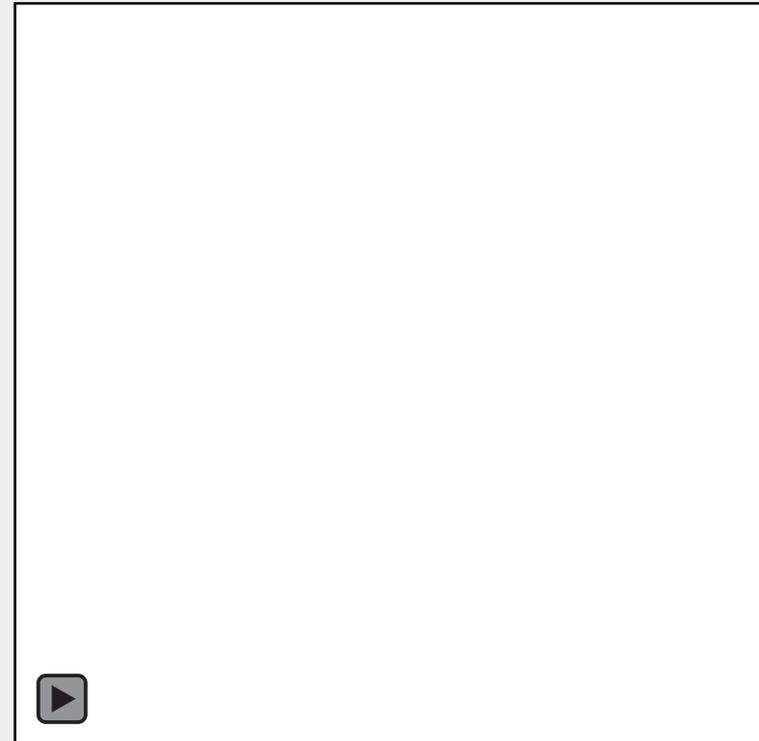
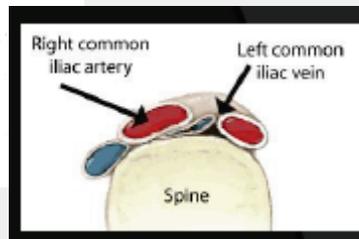
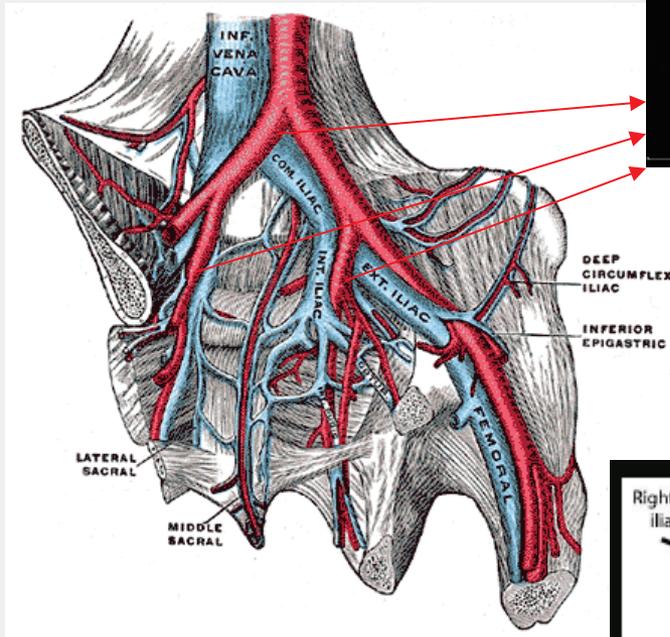
POSTTHROMBOTISCH VERÄNDERTE ILIOFEMORALE VENE



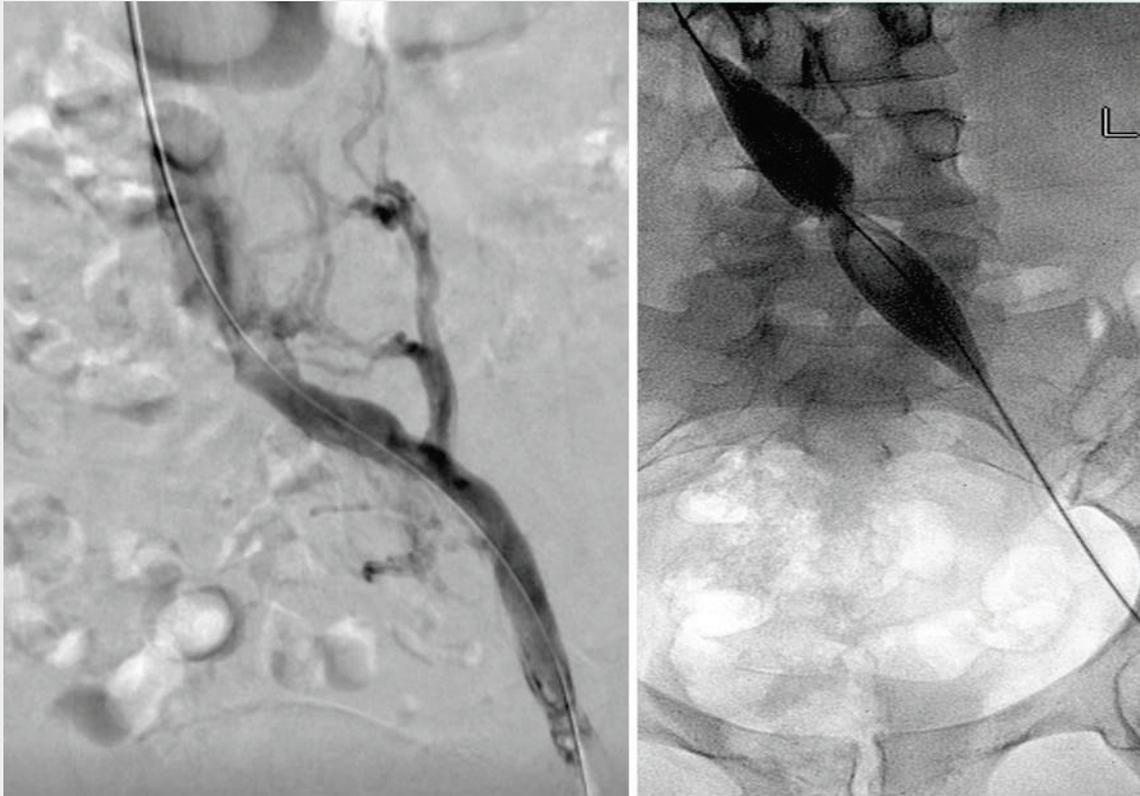
Beckenvenenanatomie und Pathologie



Beckenvenenanatomie und Pathologie



Klinisches Beispiel



Quelle: M. Lichtenberg



American College of
PHLEBOLOGY

advancing vein care ▶

PRACTICE GUIDELINES Chronic Deep Venous Obstruction



American Venous Forum
Promoting venous and lymphatic health

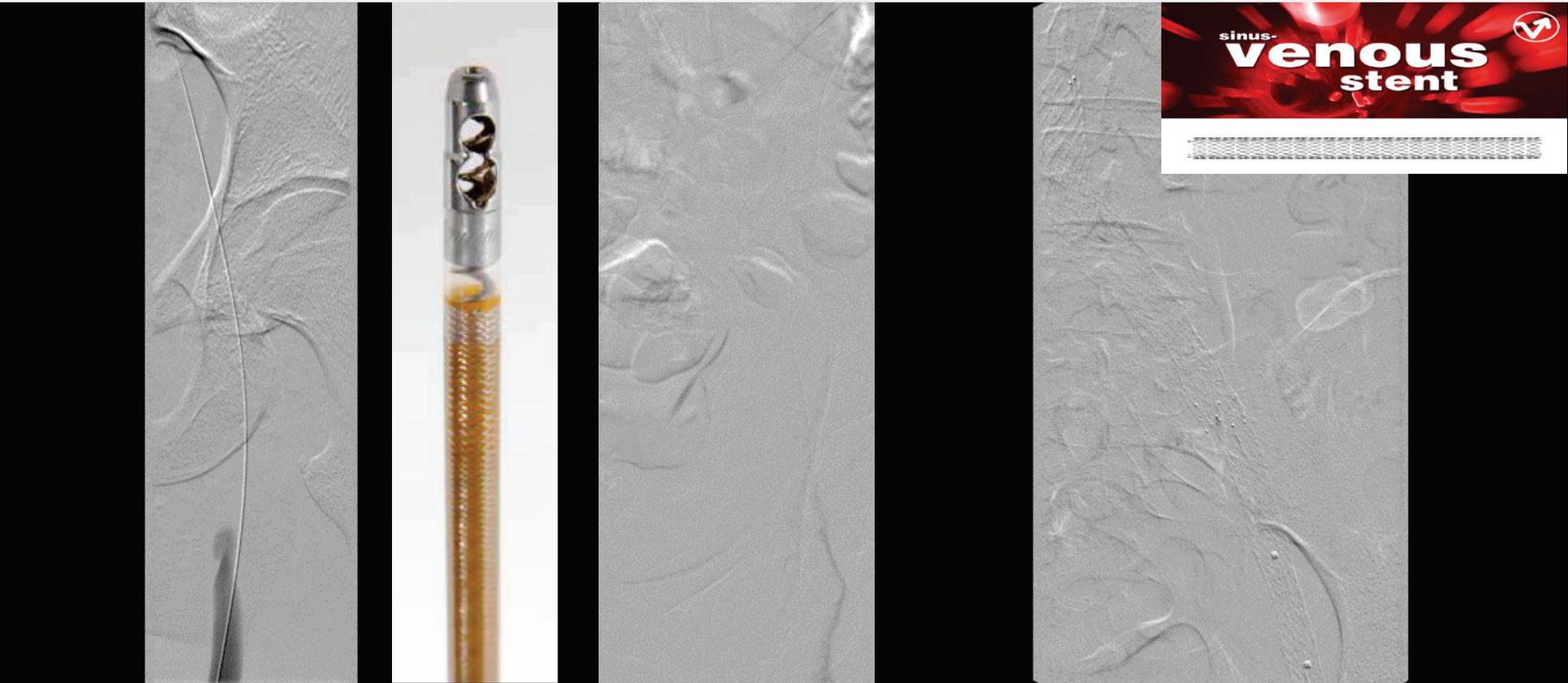


SOCIETY FOR CLINICAL VASCULAR SURGERY

the IVC. Eighty percent of iliofemoral DVTs, DVTs that involve the ilio caval segment in addition to the veins below the inguinal ligament, have an underlying iliac vein compression. This compression is thought to be a lesion which increases the risk of iliofemoral DVT, especially in individuals who have other risks for thrombosis including oral contraceptive use.²² For

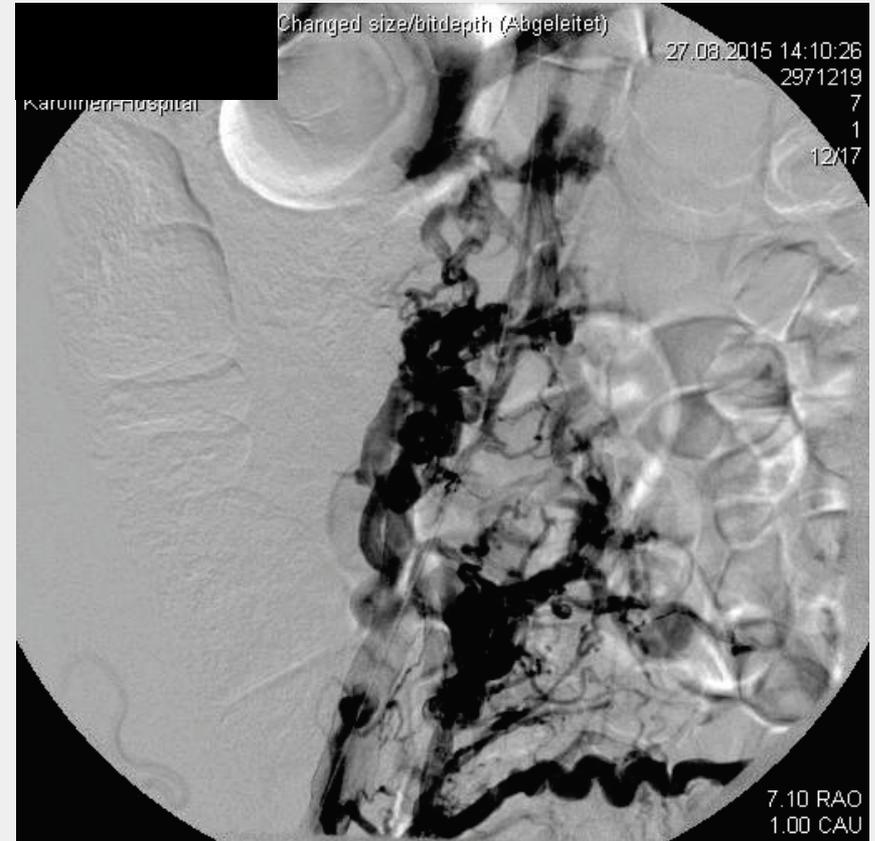


21 y, female, descending DVT in May – Turner syndrome. Transpopliteal access, 10 F Aspirex®



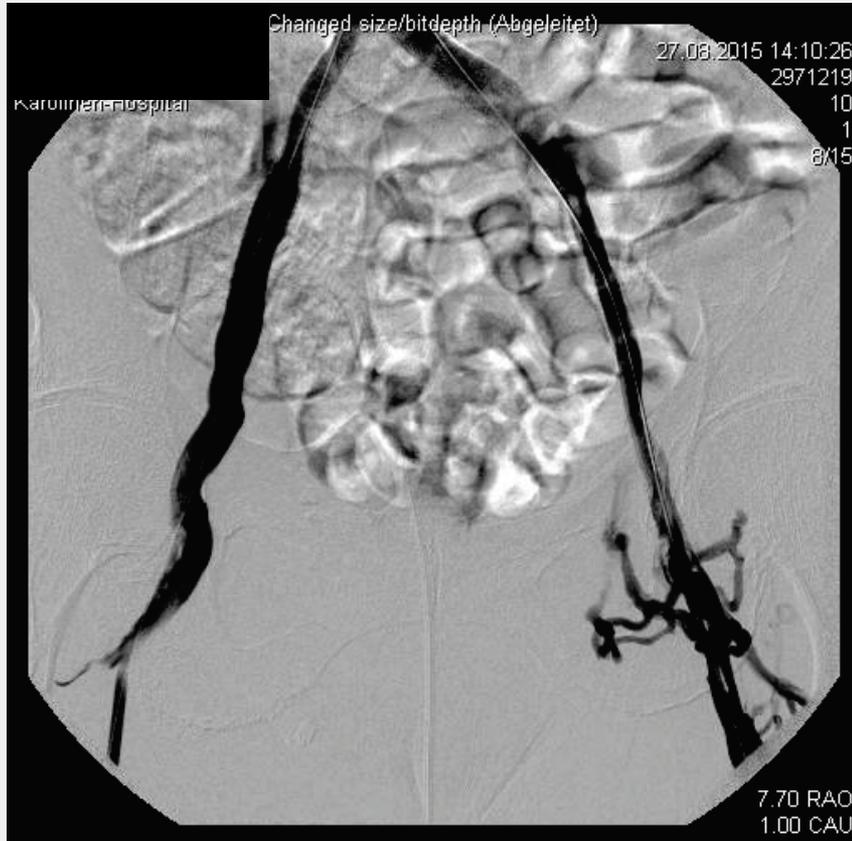
8 F: blood volume aspiration up to 75 ml/min
10 F: blood volume aspiration up to 130 ml/min

C6 Stadium, 58 Jahre, Z.n. peripartaler Thrombose vor 30 Jahren



Quelle: M. Lichtenberg

Sinus XL Stent (22 x 80 mm) 4 x Veniti Stent (16 x 120 mm + 14 x 60 mm)



Quelle: M. Lichtenberg

Therapie der akuten TVT

| Intervention | Indikation | Ziel | Probleme |
|--|---------------------------------------|-------------------------------------|--|
| Systemische Antikoagulation | Gold Standard | Verhinderung der Apposition und LAE | Keine! Thrombusauflösung Blutungen, PTS |
| Systemische Lyse | Keine Indikation für DVT aber für LAE | Verstärkte Thrombusauflösung | Blutungen, ITS-Aufenthalt |
| Chirurgische Thrombektomie | Last chance! | Thrombusentfernung | Narkose, Blutungen, hohe Morbidität und Mortalität |
| CDT („lokale Katheterlyse“) | Deszendierende DVT von iliakal | Lokale Lyse des Thrombus | ITS-Aufenthalt, auch systemische Wirkung, Blutungen 5-11 % |
| Mechanische Thrombektomie | Kontraindikation Lyse | Mechanische Thrombektomie | In wenigen Fällen Dissektion, kaum Daten |
| Pharmakomechanische Thrombolyse | Kombination Lyse plus Thrombektomie | Pharmakomechanische Thrombektomie | Blutungen, Hämolysegefahr |

Chest. 2016;149(2):315-352.
doi:10.1016/j.chest.2015.11.026

EST

Antithrombotic Therapy for VTE Disease CHEST Guideline and Expert Panel Report



Clive Kearon, MD, PhD; Elie A. Akl, MD, MPH, PhD; Joseph Ornelas, PhD; Allen Blaivas, DO, FCCP;
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and COL Lisa Moores, MD, FCCP



Catheter-Directed Thrombolysis for Acute DVT of the Leg

16. In patients with acute proximal DVT of the leg, we suggest anticoagulant therapy alone over CDT (Grade 2C).

Remarks: Patients who are most likely to benefit from CDT (see text), who attach a high value to prevention of postthrombotic syndrome (PTS), and a lower value to the initial complexity, cost, and risk of bleeding with CDT, are likely to choose CDT over anticoagulation alone.

DVT. Although the quality of the evidence has improved, the overall quality is still low because of very serious imprecision. Unchanged from AT9, we propose that the patients who are most likely to benefit from

CDT have iliofemoral DVT, symptoms for <14 days, good functional status, life expectancy of ≥ 1 year, and a low risk of bleeding (Tables 14 and 15, e-Table 15). Because the balance of risks and benefits with CDT is

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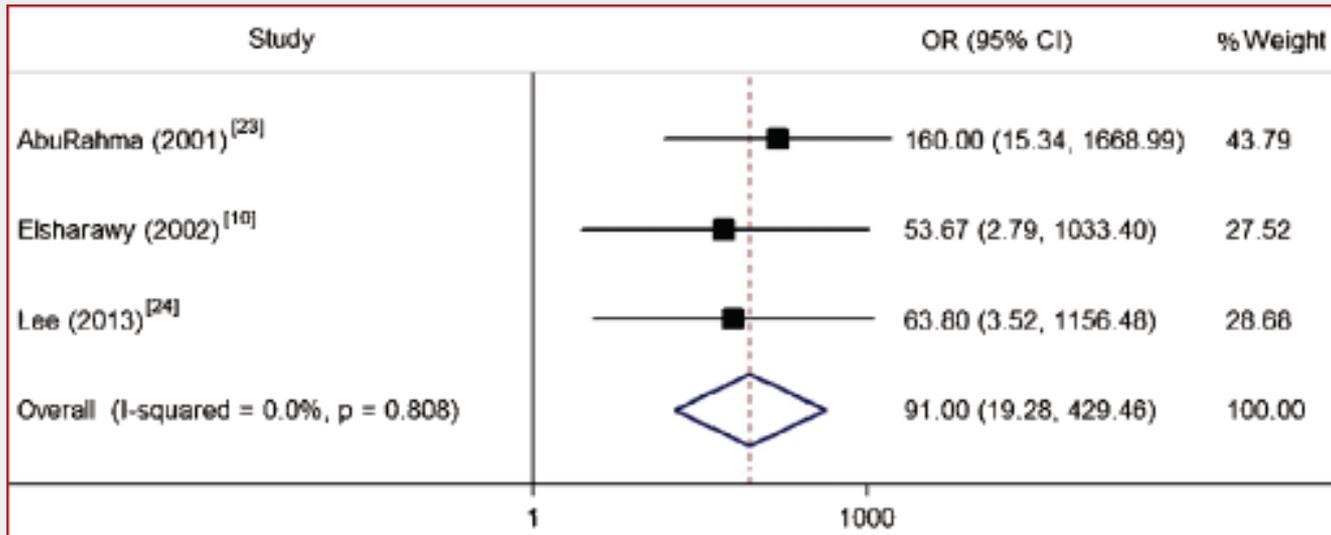
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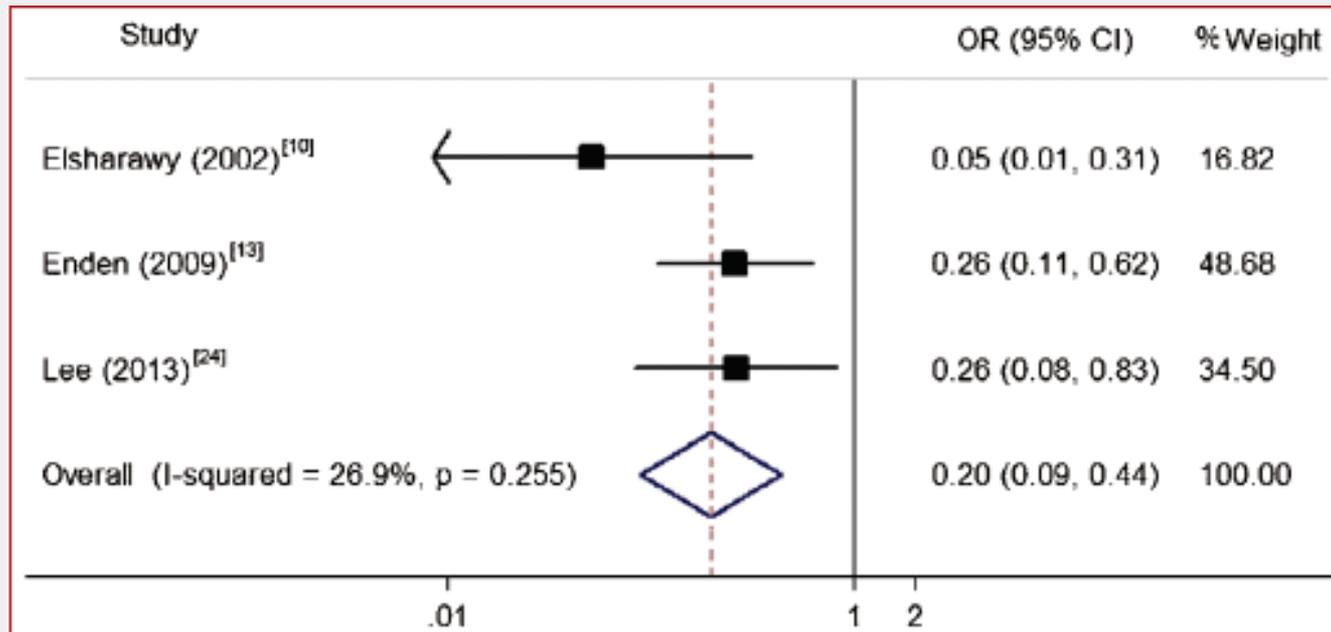
Catheter-directed thrombolysis plus anticoagulation versus anticoagulation alone in the treatment of proximal deep vein thrombosis - a meta-analysis

Du et al., Vasa 2015 May;44(3):195-202

| Study | Design | Region | Mean age (year) | Male (%) | Compared groups (no.) | Thrombolytic agent | Clinical outcomes | Duration of follow-up |
|--|------------------|--------|-----------------|----------|-----------------------------|--------------------|--|-----------------------|
| AbuRahma et al., 2001 ^[23] | Prospective | USA | 47 | 39 | CDT+AA (18) vs. AA (33) | Urokinase, rtPA | Patency rate, long-term symptom resolution, major complications | 5 years |
| Elsharawy et al., 2002 ^[10] | RCT | Egypt | 46 | 31 | CDT+AA (18) vs. AA (17) | Streptokinase | Patency rate, venous function, major complications | 6 months |
| Enden et al., 2009 ^[13] | RCT, multicenter | Norway | 52 | 62 | CDT+AA (50) vs. AA (53) | Alteplase | Patency rate, venous function, major complications | 6 months |
| Enden et al., 2012 ^[6] | RCT, multicenter | Norway | 52 | 63 | CDT+AA (90) vs. AA (99) | Alteplase | Patency rate, major complications, PTS, recurrent DVT | 2 years |
| Lee et al., 2013 ^[24] | Retrospective | Taiwan | 62 | 51 | CDT+AA (27) vs. AA (26) | Urokinase | Patency rate, major complications, PTS, venous function, recurrent DVT | 15 months |
| Bashir et al., 2014 ^[11] | Retrospective | USA | 53 | 51 | CDT+AA (3594) vs. AA (3594) | NA | Mortality, major complications | 6 years |



**Iliofemorale
Offenheitsrate nach
6 Monaten**



**Persistierende
venöse Obstruktion
im Follow-up**

Standardbehandlung vs. CDT

Enden et al., Lancet. 2012 Jan 7;379(9810):31-8.

Long-term outcome after additional catheter-directed thrombolysis versus standard treatment for acute iliofemoral deep vein thrombosis (the CaVenT study): a randomised controlled trial

Tone Enden, Ylva Haig, Nils-Einar Kløw, Carl-Erik Slagsvold, Leiv Sandvik, Waleed Ghanima, Geir Hafsaah, Pål Andre Holme, Lars Olaf Holmen, Anne Mette Njåstad, Gunnar Sandbæk, Per Morten Sandset, on behalf of the CaVenT Study Group

| | Additional catheter-directed thrombolysis (n=90) | | Standard treatment only (n=99) | | p value* |
|--|--|-------------------|--------------------------------|-------------------|----------|
| | n | % (95% CI) | n | % (95% CI) | |
| Post-thrombotic syndrome at 24 months† | 37 | 41.1% (31.5–51.4) | 55 | 55.6% (45.7–65.0) | 0.047 |
| Iliofemoral patency at 6 months†‡ | 58 | 65.9% (55.5–75.0) | 45 | 47.4% (37.6–57.3) | 0.012 |
| Post-thrombotic syndrome at 6 months§ | 27 | 30.3% (21.8–40.5) | 32 | 32.2% (23.9–42.1) | 0.77 |

Post-thrombotic syndrome defined as Villalta score of 5 points or higher. * χ^2 test. †Co-primary outcomes. ‡Five patients had inconclusive patency assessments and one was lost to follow-up at 6 months. §Secondary outcome.

Table 2: Short-term and long-term outcomes

Standardbehandlung vs. CDT

Enden *Lancet*. 2012 Jan 7;379(9810):31-8.

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STENT RATE

17 %

**= Patienten haben
weiterhin eine hämodynamisch relevante
Stenose**

Post-thrombotic syndrome at 6 months†‡

Post-thrombotic syndrome at 6 months§

27

30

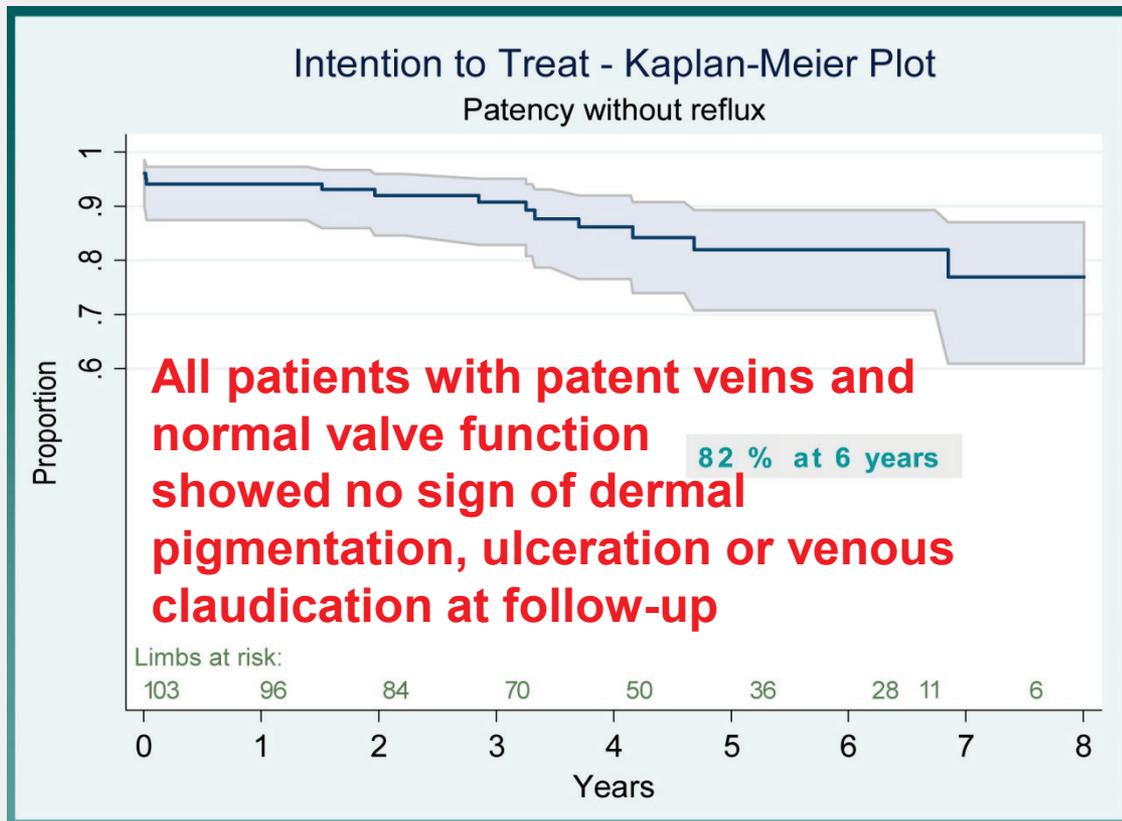
Post-thrombotic syndrome defined as Villalta score of 5 points or higher. * χ^2 test. †Co-primary outcome. ‡Secondary outcome. §Secondary outcome.

Table 2: Short-term and long-term outcomes

Long-Term Results using Catheter-directed Thrombolysis in 103 Lower Limbs with Acute Iliofemoral Venous Thrombosis

N. Bækgaard, R. Broholm, S. Just, M. Jørgensen, L.P. Jensen

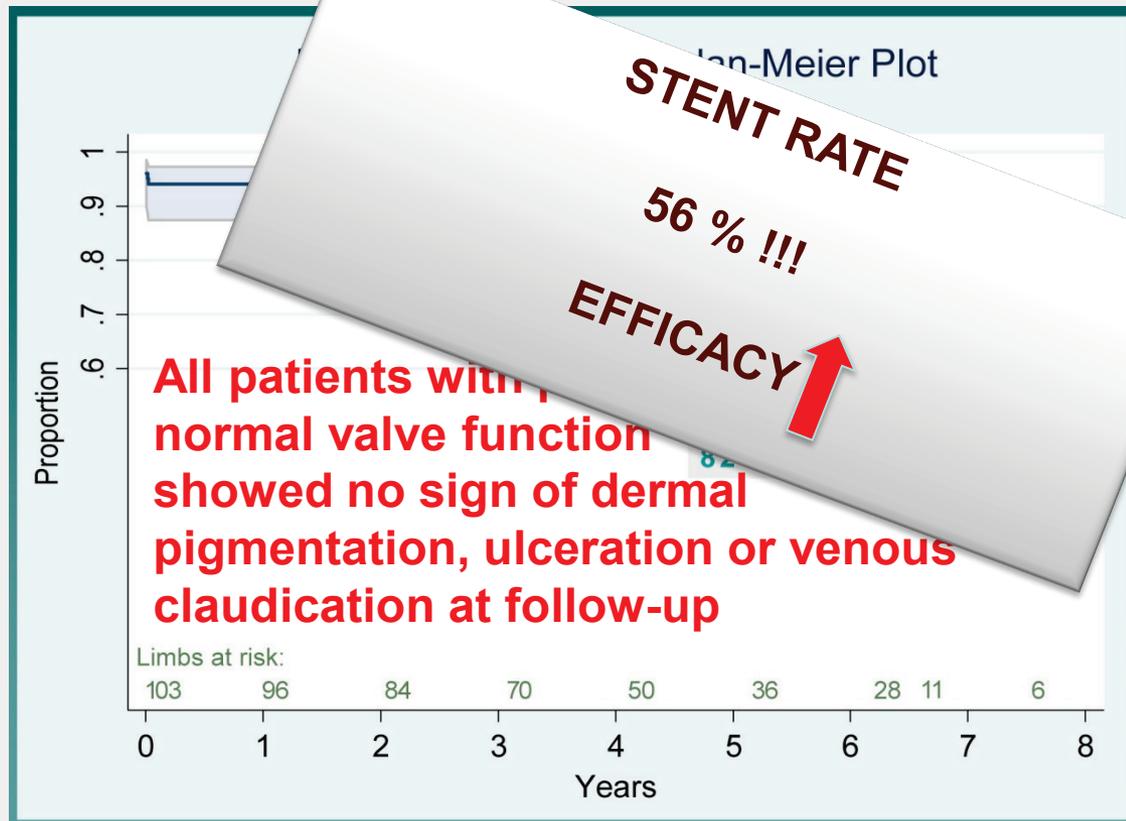
European Journal of Vascular and Endovascular Surgery, Volume 39, Issue 1, Pages 112-117 (January 2010)



Long-Term Results using Catheter-directed Thrombolysis in 103 Lower Limbs with Acute Iliofemoral Venous Thrombosis

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European Journal of Vascular and Endovascular Surgery, Volume 39, Issue 1, Pages 112-117 (January 2010)



1 major bleeding complication

Original article

Stenting of iliac vein obstruction following catheter-directed thrombolysis in lower extremity deep vein thrombosis

MENG Qing-you, LI Xiao-qiang, JIANG Kun, QIAN Ai-min, SANG Hong-fei, RONG Jian-jie, DUAN Peng-fei and ZHU Li-wei

Keywords: deep venous thrombosis; catheter-directed thrombolysis; stent

Background Catheter-directed thrombolysis (CDT) for deep venous thrombosis (DVT) of the lower extremity has good effect, but whether iliac vein stent placement after thrombolytic therapy is still controversial. The goal of this study was to evaluate the efficacy of stent placement in the iliac vein following CDT in lower extremity DVT.

Methods This was a single-center, prospective, randomized controlled clinical trial. After receiving CDT, the major branch of the distal iliac vein was completely patent in 155 patients with lower extremity DVT, and 74 of these patients with iliac vein residual stenosis of >50% were randomly divided into a control group ($n=29$) and a test group ($n=45$). In the test group, stents were implanted in the iliac vein, whereas no stents were implanted in the control group. We evaluated the clinical indicators, including patency of the deep vein, C in CEAP classification, Venous Clinical Severity Score (VCSS), and Chronic Venous Insufficiency Questionnaire (CIVIQ) Score.

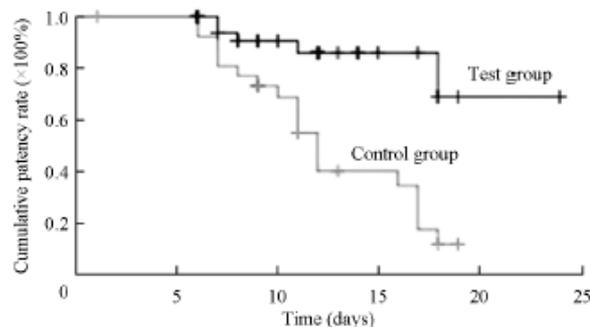


Figure 1. Comparison of cumulative patency rates.

| Groups | CEAP C classification | |
|---------|------------------------|-------------------------|
| | Pre-procedure | Post-procedure |
| Test | 3.13±0.50* | 1.61±0.23* [‡] |
| Control | 3.11±0.06 [†] | 2.39±0.23 ^{†‡} |

*[†] $P < 0.001$. [‡] $P < 0.01$.

Table 3. Comparison of VCSS pre- and post-procedure in the two groups

| Groups | VCSS | |
|---------|------------------------|-------------------------|
| | Pre-procedure | Post-procedure |
| Test | 8.61±0.20* | 1.04±0.19* [‡] |
| Control | 1.90±0.24 [†] | 6.56±0.23 ^{†‡} |

*[†] $P < 0.001$. [‡] $P < 0.01$.

Early thrombus removal strategies for acute deep venous thrombosis: Clinical Practice Guidelines of the Society for Vascular Surgery and the American Venous Forum

Mark H. Meissner, MD,^a Peter Glaviczi, MD,^b Anthony J. Comerota, MD,^c Michael C. Dalsing, MD,^d Bo G. Eklof, MD,^e David L. Gillespie, MD,^f Joann M. Lohr, MD,^g Robert B. McLafferty, MD,^h M. Hassan Murad, MD,ⁱ Frank Padberg, MD,^j Peter Pappas, MD,^k Joseph D. Raffetto, MD,^l and Thomas W. Wakefield, MD,^m *Seattle, Wash; Rochester, Minn; Toledo, Ohio; Indianapolis, Ind; Helsingborg, Sweden; Rochester and New York, NY; Cincinnati, Ohio; Springfield, Ill; Newark, NJ; West Roxbury, Mass; Ann Arbor, Mich*

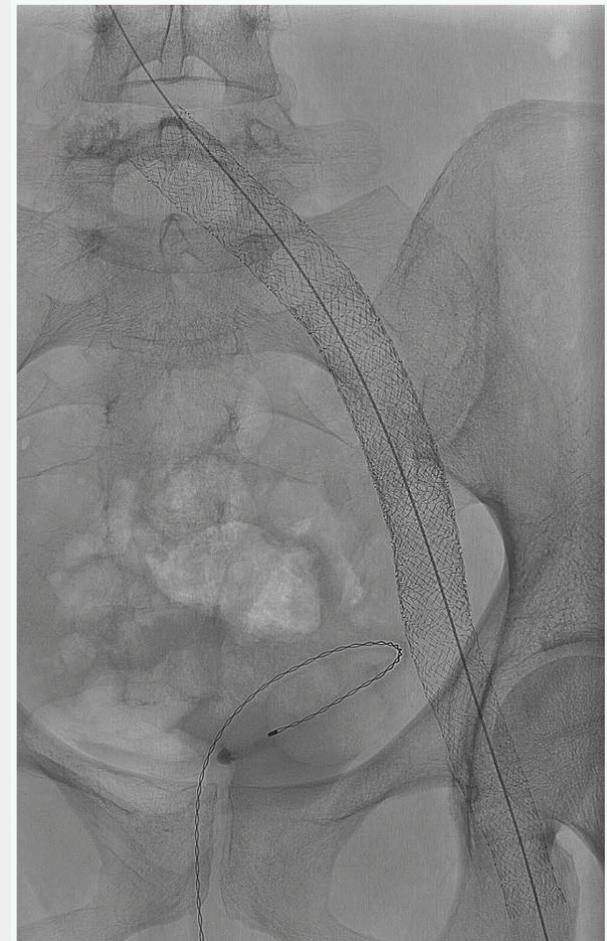
• 2. Indications for early thrombus removal

• 2.1. We suggest a strategy of early thrombus removal in selected patients meeting the following criteria:

- (a) a first episode of acute iliofemoral deep venous thrombosis
- (b) symptoms <14 days in duration
- (c) a low risk of bleeding
- (d) ambulatory with good functional capacity and an acceptable life expectancy (Grade 2C)

5.1. We recommend the use of self-expanding metallic stents for treatment of chronic ilio caval compressive or obstructive lesions that are uncovered by any of the thrombus removal strategies (Grade 1C). and

Beispiel überlappende Stents



Quelle: M. Lichtenberg

Fazit für die Klinik und Praxis

Eine primäre rekanalisierende Maßnahme kann bei ilio-femoraler Thrombose eingesetzt werden und soll - wenn indiziert – so früh wie möglich durchgeführt werden.

Das Ziel rekanalisierender Maßnahmen zusätzlich zur Antikoagulation ist die Verringerung von Häufigkeit und Schwere des postthrombotischen Syndroms (PTS) [Strandness, Jr. et al. 1983].

Die Behandlung sollte baldmöglichst nach Diagnosestellung erfolgen, um längerfristig ein PTS zu vermeiden bzw. zu minimieren. Eine effektive Entfernung des thrombotischen Materials reduziert das Risiko eines PTS [Kuo 2013].

Eine Behandlung durch Thrombektomie, kathetergestützte Verfahren und Thrombolyse sollte spezialisierten Zentren mit ausreichender Erfahrung vorbehalten sein [Baldwin et al. 2004], [Blaettler et al. 2004], [Eklof et al. 2000], [Largiader et al. 2002], [Plate et al. 1997],

Interdisziplinäre Stellungnahme

Deutsches Ärzteblatt | Jg. 113 | Heft 17 | 29. April 2016

ENDOVASKULÄRE THERAPIE DER ILIOFEMORALEN THROMBOSE

Effektiv, sicher und leitliniengerecht bei richtiger Indikationsstellung

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Klinik für Angiologie, Klinikum Arnsberg*

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*Prof. Dr. med. Ralf Kolvenbach
Klinik für Gefäßchirurgie und Endovaskuläre
Therapie, Augusta Krankenhaus, Düsseldorf*

*Prof. Dr. med. Bruno Geier
Chirurgische Klinik III, Stiftung Krankenhaus
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*Prof. Dr. med. Viola Hach-Wunderle
Krankenhaus Nordwest, Sektion Angiologie,
Frankfurt a. M.*

Schlussfolgerung

- Eine Thrombus entfernende Therapie wird bei einer iliofemorale Venenthrombose zur Verhinderung eines postthrombotischen Syndroms nach den zunehmend günstigen Effektivitäts- und Sicherheitsdaten immer mehr zum Standard werden; das gilt vor allem für die pharmakomechanischen und rein mechanischen Verfahren.

- Die Therapie sollte dabei spezialisierten Zentren vorbehalten bleiben.

- Die Indikation besteht dabei insbesondere für junge und mobile Patienten mit kurzer Anamnesedauer und niedrigem Blutungsrisiko.

- Eine konstruktive Diskussion mit einer fachübergreifenden Konsensusfindung sollte wissenschaftlich fundiert im Rahmen von weiteren interdisziplinären Leitlinienprozessen stattfinden.

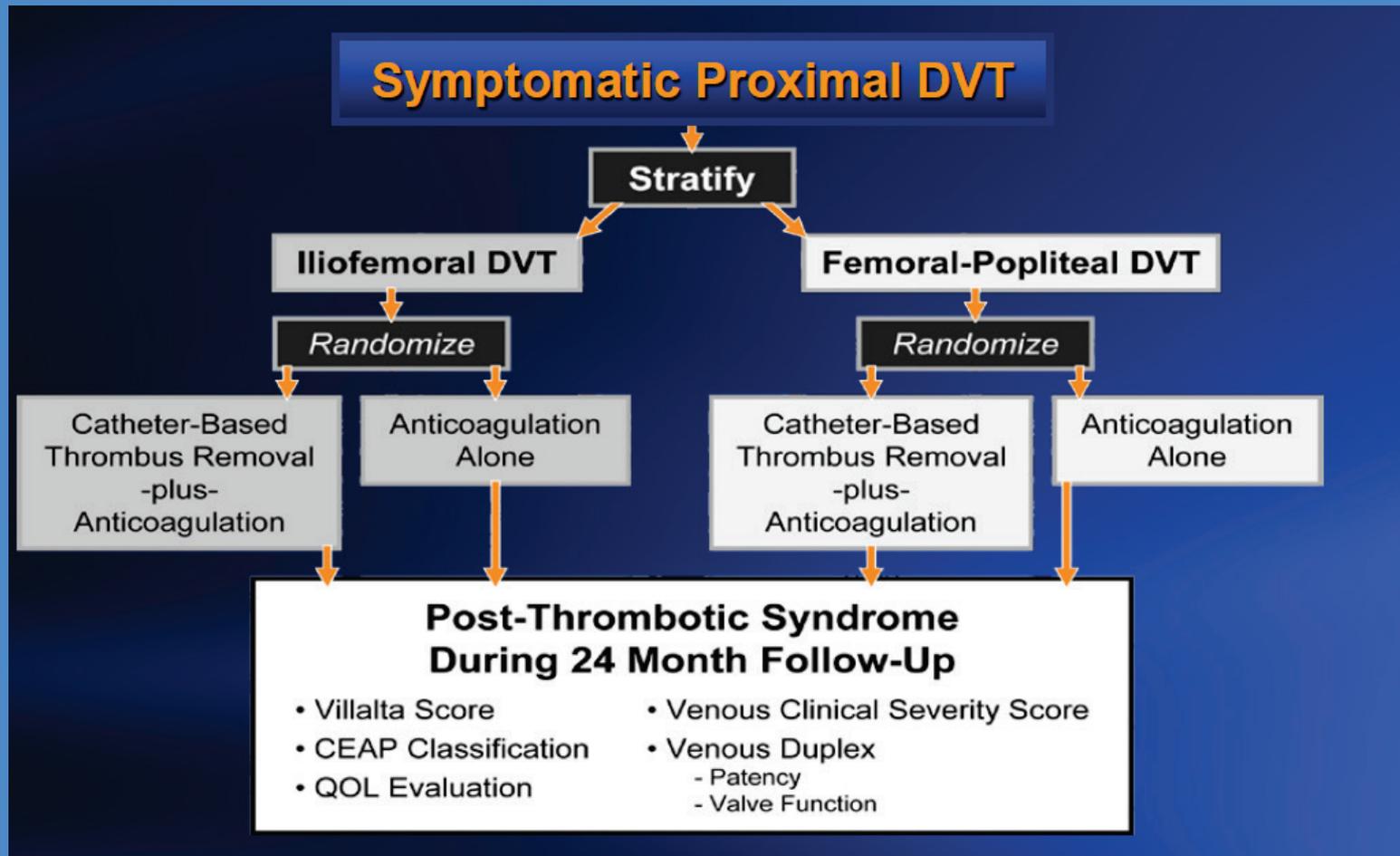
- Eine Indikation zur Thrombektomie sollte bei Beckenvenenthrombose überprüft werden
- ...insbesondere bei jungem, gesunden Patient mit kurzer Anamnesedauer

Attract Trial: 6.3.2017

The ATTRACT Trial

- **Acute Venous Thrombosis: Thrombus Removal with Adjunctive Catheter-Directed Thrombolysis**
 - NHLBI-funded, Phase III, open-label, multicenter Randomized control trial
 - Pharmacomechanical Catheter-Directed Thrombolysis plus Conventional Therapy VS. Conventional Therapy Alone
 - 692 patients with symptomatic, acute proximal DVT
 - 28 U.S. Centers, enrollment began 1st quarter 2010
 - PI = Dr. Suresh Vedantham (Washington University)
 - Study Chair = Dr. Samuel Z. Goldhaber (Harvard)

ATTRACT TRIAL



PCDT Treatment

Treatment Arm

5 days heparin concurrent with PCDT procedure – then warfarin

- Trellis™-8
- AngioJet™ System
- Catheter-Directed Thrombolysis

Initial Treatment
Maximum 25 mg rt-PA

If good inflow to popliteal^a

If poor inflow to popliteal

- **AngioJet™ System (PowerPulse Thrombolysis), or**
- **Trellis™-8 (Isolated Thrombolysis)**

Catheter-Directed Thrombolysis

Adjunctive Options

- Additional rt-PA (total max 35 mg)
- Balloon maceration
- Aspiration/mechanical thrombectomy

Treatment Discontinuation

- **≥90% thrombus removed and flow restored, or**
- **Maximum rt-PA dose or infusion time reached, or**
- **Overt bleeding or complication requiring cessation of therapy**

^aLower half of the popliteal vein and ≥1 major calf vein tributary are free of occlusive thrombus.

rt-PA, recombinant tissue plasminogen activator; PCDT, pharmacomechanical catheter-directed thrombolysis

ATTRACT trial

| Outcome (24 mo) | PCDT (n=336) | no PCDT (n=335) | P value |
|-------------------------|-----------------|--------------------|-------------|
| Any PTS | 46,7 % | 48,2% | 0.56 |
| Recurrent VTE | 12,5% | 8,5% | 0.09 |
| Generic QOL (SF-36 PCS) | 11,8 | 10,1 | 0.37 |
| VENOUS QOL (VEINES) | 27,7 | 23,5 | 0.08 |
| Moderate or Severe PTS | 17,9% | 23,7% | 0.035 |
| MS-PTS IFDVT | 18,4% | 28,2% | |
| MS-PTS FPDVT | 17,1% | 18,1% | |
| Major bleed | 1,7% | 0,3% | 0.049 |
| Any bleed | 4,5% | 1,7% | 0.049 |

PTCD less effective in patients ≥ 65 years (p = 0.038)

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Performance of PCDT

INITIAL PCDT METHOD

- Trellis (Technique A)
 - 50 Patients (15%)
- Angiojet (Technique B)
 - 75 Patients (23%)
- Infuse-First (Technique C)
 - 194 Patients (59%)

ADJUNCTIVE PROCEDURE

- Balloon maceration (56%)
- Balloon angioplasty (56%)
- Angiojet (55%)
- Aspiration (19%)
- Trellis (14%)
- Stent placement (30%)

IVUS: NO !!!

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- Trellis (14%)
- Stent placement (30%)

No definitions when to stent and where to stent in the protocol

IVUS: NO !!!

Differences between treated DVT patients from Bern, ATTRACT and CaVenT

Courtesy N. Kucher

| | BERN | CaVenT | ATTRACT |
|---|-----------------|-----------------|----------------------|
| N | 119 | 90 | 337 |
| Control group without treatment | NO | YES | YES |
| Age, years | 47 | 53 | 53 |
| Symptom duration, days | <30 | <21 | <14 |
| Ascending femoropopliteal DVT | 0 % | 52 % | 43% |
| Descending iliofemoral DVT | 100% | 48% | 57% |
| Mean tPA dose, mg | 20 (fixed) | 55 (variable) | 21 (max 35 mg) |
| Mean tPA duration | 15 h (fixed) | 2,5 d | 17 h |
| Major bleeding | 1.0% | 9.0% | 1.7% |
| Definition of criteria for stenting | YES | NO | NO |
| Dedicated venous stents | YES | NO | NO |
| Stenting rate | 80% | 17% | 30% |
| Overall PTS 12-24 mts (Villalta <5 pts) | 6% | 41% | 47% |
| Patency rate | 94% (1y) | 75% (2y) | Not evaluated |

Patienten mit Indikationen zur Thrombektomie



Junger, aktive Patientin,
Deszendierender TVT

May-Thurner Syndrom



Phlegmasie, Cavathrombose

Metastasiertes Colon-CA



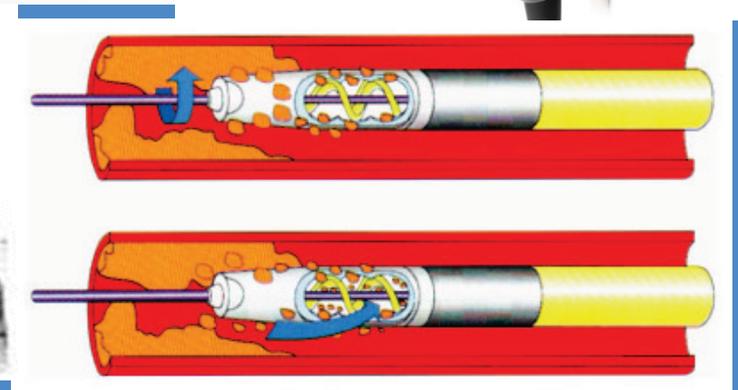
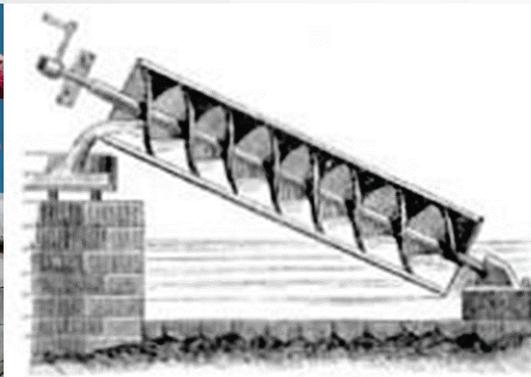
Stenosis Vena ilica externa

Lymphozelenkompression

Rotational thrombectomy (Aspirex®)



6 – 10 French



M. Lichtenberg (Hrsg.), C. Tiefenbacher, M. Katoh, P. Minko, E. Minar, C. Wissgott,
A. Storck, B. Hailer: Thrombektomie: medikamentös, mechnisch, operativ. Uni-med Verlag, 20

Clinical retrospective follow-up study with the
ASPIREX[®]S Endovascular System to
investigate safety and effectiveness in
treatment of iliofemoral DVT patients
- ARNSBERG ASPIREX REGISTRY -

Responsible principal investigator (PI): M. Lichtenberg, R. de Graaf
Study sponsored by **Vascular Clinical Research Department, Arnsberg**

ARNSBERG ASPIREX REGISTRY

Das Ziel dieser Studie ist die Erfassung von Behandlungsdaten zur Sicherheit und technischen/medizinischen Leistung der Medizinprodukts ASPIREX®S unter Routineanwendungsbedingungen in der klinischen Praxis.

Die erhobenen Daten werden für die klinische Bewertung nach MEDDEV 2.7.1. Rev 4. (2016) verwendet und sollen auf Fachkongressen präsentiert und in einem Fachjournal publiziert werden.



Patient Demographics

| | Retro-ASPIREX |
|--|-------------------|
| Total N (%) | 56 (100 %) |
| Age Mean (Median [Range]) in years | 52 (51 [17 - 89]) |
| Female N (%) | 37 (66 %) |
| Male N (%) | 19 (34 %) |
| General Medical History | N (%) |
| Smoking status (valid observations) | 55 (100 %) |
| Current | 9 (16 %) |
| Former | 4 (7 %) |
| Hypertension | 56 (100%) |
| Yes | 28 (50 %) |
| Immobilisation (valid observations) | 55 (100 %) |
| Yes | 4 (7 %) |
| Malignancy | 56 (100 %) |
| Current active | 4 (7 %) |
| Condition post | 5 (5 %) |
| Oral contraceptive | 56 (100 %) |
| Yes | 21 (38 %) |
| No | 35 (62%) |



Diagnostic details (contd.)

| | N (%) |
|---|-------------------|
| Type of occlusion | 56 (100 %) |
| Acute | 40 (71 %) |
| Subacute | 13 (23 %) |
| Chronic | 2 (4 %) |
| Acute / Chronic | 1 (2 %) |
| D-Dimer test positive | 56 (100 %) |
| Not done | 37 (66 %) |
| Yes | 17 (30 %) |
| No | 2 (4 %) |
| Underlying lesion | 56 (100 %) |
| May Thurner | 25 (45 %) |
| Not determined | 14 (25 %) |
| Cancer | 5 (9 %) |
| Post-thrombotic alterations | 5 (9 %) |
| Benign prostate hypertrophy | 1 (2%) |
| Factor V | 1 (2 %) |
| May Thurner / Condition after surgical intervention | 1 (2 %) |
| May Thurner / Protein C deficiency | 1 (2 %) |
| Mechanical (e.g. V. cava clip) | 1 (2 %) |
| Peripartal | 1 (2 %) |
| Thoracic outlet syndrome | 1 (2 %) |



Diagnostic details

| | N (%) |
|---|-------------------|
| Diagnosis | 56 (100 %) |
| Deep vein thrombosis (DVT) | 44 (78 %) |
| Subacute thrombosis | 6 (11 %) |
| In-stent restenosis | 5 (9 %) |
| Subclavial thrombosis | 1 (2 %) |
| Diagnostic | 56 (100 %) |
| Ultrasound (DUS) / Venography | 20 (36 %) |
| Ultrasound (DUS) / Venography / Angio-CT | 8 (14 %) |
| Ultrasound (DUS) / CT / Venography | 6 (11 %) |
| Ultrasound (DUS) / IVUS / Venography | 5 (9 %) |
| Ultrasound (DUS) | 4 (7 %) |
| Ultrasound (DUS) / IVUS | 4 (7 %) |
| Other combinations (≤5% patients each) | 9 (16 %) |
| Clinical Symptoms | 56 (100 %) |
| Swelling / Pain | 20 (36 %) |
| Swelling only | 12 (21 %) |
| Swelling / Pain / Lividity | 6 (11 %) |
| Other combinations (incl. Dyspnoea, Feeling of tension, Hyperthermia, Erysipelas, Wounds and Significant thoracic problems) | 18 (32 %) |



Diagnostic details (contd.)

| | N (%) |
|--|-------------------|
| Location of occlusion (vessel) | 56 (100 %) |
| Left complete pelvic veins including com. femoral vein, left sup. femoral vein (may also include profunda femoral vein and distal part of IVC) | 42 (75 %) |
| Left common iliac vein only | 7 (13 %) |
| Left common iliac vein / Left external iliac vein without com. femoral vein | 3 (5 %) |
| Right complete pelvic veins | 4 (7 %) |
| Length of occlusion [mm] N=56 (100 %) | Statistics |
| Mean (SD) | 156.6 (72.0) |
| Median (Range) | 150.0 (60 – 410) |



Aspirex treatment

| | N (%) |
|---------------------------------------|-------------------|
| Approach / Access | 56 (100) |
| Left popliteal vein | 27 (48 %) |
| Left superficial femoral vein | 12 (21 %) |
| Left / Right superficial femoral vein | 5 (9 %) |
| Left femoral communis vein | 3 (5 %) |
| Right popliteal vein | 3 (5 %) |
| Right superficial femoral vein | 3 (5 %) |
| Left / Right popliteal vein | 1 (2%) |
| Right brachial vein | 1 (2 %) |
| Right saphena parva vein | 1 (2 %) |
| Aspirex size | 56 (100 %) |
| 10 | 47 (85 %) |
| 8 | 8 (15 %) |
| Sheath size | 56 (100 %) |
| 10 | 31 (55 %) |
| 11 | 16 (29 %) |
| 8 | 7 (12 %) |
| 12 | 2 (4 %) |



Aspirex treatment (contd.)

| | | N (%) |
|--|------------|---------------------|
| Heparin [IU] | | 56 (100) |
| 5,000 | | 50 (89 %) |
| 10,000 | | 3 (5 %) |
| 7,000 OR 7,500 OR 9,000 (1 patient each) | | 3 (5 %) |
| Thrombolysis | | 56 (100 %) |
| No | | 52 (93 %) |
| Yes | | 4 (7%) |
| Technical success | Yes | 56 (100 %) |
| Number of implanted stents | | 56 (100 %) |
| 1 | | 22 (39 %) |
| 2 | | 19 (34 %) |
| 3 | | 8 (14 %) |
| 4 | | 3 (5 %) |
| 5 OR 6 (1 patient each) | | 2 (4 %) |
| 0 | | 2 (4 %) |
| | | Statistics |
| Mean (SD) | | 1.9 (1.2) |
| Median (Range) | | 2 (0 – 6) |
| Treatment duration [min] N=34 | | |
| Mean (SD) | | 94.2 (44.8) |
| Median (Range) | | 81.5 (27.0 – 238.0) |



Outcome

| | | N (%) |
|---|-----|-------------------|
| Follow up [years] | | 56 (100 %) |
| 0 | | 14 (25 %) |
| 0.5 | | 14 (25 %) |
| 1 | | 13 (23 %) |
| 1.5 | | 4 (7 %) |
| 2 | | 7 (12 %) |
| 3 | | 2 (4 %) |
| 4 | | 2 (4%) |
| Improvement of acute DVT symptoms on FU | Yes | 56 (100 %) |
| Time to improvement on FU (days after procedure) | | 56 (100 %) |
| 1 | | 54 (96 %) |
| 2 | | 2 (4 %) |
| Patency on FU month 1 (valid observations) | | 47 (100 %) |
| Yes | | 44 (94 %) |
| Patency on FU month 6 (valid observations) | | 37 (100 %) |
| Yes | | 35 (95 %) |
| Patency on FU month 12 (valid observations) | | 26 (100 %) |
| Yes | | 24 (92 %) |

Patency rate including secondary patency rate after 12 months 92 %



Outcome (contd.)

| | N (%) |
|---|-------------------|
| Time on intensive care unit [days] | 56 (100 %) |
| 0 | 53 (95 %) |
| 1 | 2 (3 %) |
| 2 | 1 (2 %) |
| Post-thrombotic syndrome | 53 (100 %) |
| low PTS (CEAP Score < 3, rVCSS Score < 3) | 34 (64 %) |
| moderate/severe PTS (CEAP Score > 3, rVCSS Score > 3) | 19 (36 %) |

Prevention of moderate and severe PTS in 64 % of patients



Safety

| | | N (%) |
|---|-------------|-------------------|
| Patients (N=56) by number of adverse events (non device related but procedure related) | | |
| no | | 45 (80 %) |
| yes (hematoma, puncture site infection, bleeding complication) | | 11 (20 %) |
| Patients (N=56) by number of serious adverse events (non device related but procedure related) | | |
| no | | 48 (86 %) |
| yes (rehospitalization, re-occlusion of target vein, prolonged hospitalization because AV-Fistula operation or operation of access site complication) | | 8 (14 %) |
| Device malfunction reported Aspirex | None | 56 (100 %) |
| Complaints reported on Aspirex | None | 56 (100 %) |

Venous Thrombus Treatment Options: Proactive Endovascular Treatment



- Anticoagulation & Compression Stockings *only*



- **Catheter Directed Thrombolysis (CDT)**
 - Enhanced CDT (eg, ultrasound)



- **Pharmacomechanical Thrombectomy**



- **Mechanical Thrombectomy**

Verständigung notwendig

➤ Zielpopulation

- **Aszendierende TVT mit Beckenbeteiligung**
- **Deszendierende Becken-TVT**

➤ Bewertung Schweregrad PTS

- **Jegliches?**
- **Behinderndes?**
- **Ulcus?**
- **Andere Klassifikation?**